

What to bring list

The most crucial questions that all students who go study abroad face are what to pack, how much of it and how on earth are you going to be able to fit all you need in just a pair of suitcases. To make your planning easier, we found convenient to provide you with this “Erasmus Essentials” list and tips so that you don’t forget anything you might need!

1. Bring photocopies of everything! If something is important to you or in your life and has some sort of accompanying document, it’s a good idea to scan it, save it and print it! The most important documents you should bring are:

- Bank documents
- Birth certificate
- Social security card and health/dental insurance cards
- Credit/debit card information
- Driver’s license
- Emergency contact list
- Enrollment documents
- Financial aid documents
- Passport

2. Stock up on pharmaceuticals. If you’re taking any kind of long-term medication, be sure to ask your GP for extra before you leave. It might also be worthwhile to get a doctor’s note/medical report outlining any medical condition you might have to help your social security application. Also, think on how much medicine you’ll need: fever medicines, multivitamins, painkillers and so on.

3. Toiletries: We recommend you purchase all your toiletries in your destination city, since they tend to take up a lot of space in your suitcase (shampoo, shower gel, toothbrush, toothpaste, body cream....). However, if you prefer to bring it all along you should bring:

- Soap, shampoo and conditioner
- Deodorant
- Face wash

- Lip balm
- Hair spray
- Lotion
- Makeup and makeup remover
- Moisturizer
- Toothbrush and toothpaste
- Nail polish and nail polish remover
- Shaving cream/wax/razor
- Sunscreen
- Hairdryer
- Hairbrush and comb
- Contacts, solution and case
- Bobby pins, Hair clips and headbands
- Nail clipper
- Cotton balls
- Curling iron and hair straightener
- Tampons and pads
- Tweezers

4. Bathroom supplies

- Air freshener
- Bath pouf
- Bath towels and hand towels
- Washcloths

5. Clothing. First of all, we strongly recommend not over packing (this goes especially for girls!!). Barcelona is one of the best cities when it comes to shopping and fashion, and believe us, you won't resist buying tons of new clothes!

- Bathing suits and flip-flops
- Belts, gloves, hats and scarves
- Boots
- Bras, underwear and socks
- Casual shoes

- Everyday clothes (jeans, shorts, shirts, skirts, jackets, sweaters, shoes...)
- Everyday purse
- Formal clothing (dress, dress pants, shirts, skirts, blazers, shoes, purse...)
- Gym bag
- Gym clothes (sports bra, shirts, tights, yoga pants, sweatpants and sweatshirts, sneakers ...)
- Jewelry
- Pajamas
- Party clothes (dresses, purse, heels...)
- Raincoat
- Slippers

6. Tech

- Camera
- Chargers (phone, camera, laptop, mp3...)
- Extension cords
- Adapters/converters for plugs
- Flash drives
- Headphones
- Ipod/mp3 player
- Laptop
- Portable phone charger
- SD card for camera
- Speakers (small ones)
- Tablet

7. School Supplies: We also recommend you purchase most of your school supplies in Barcelona, given that they can take up space in your suitcase you could use for other things.

- Backpack/tote bag
- Binders
- Binder clips
- Calculator

- Desk lamp
- Dictionary
- Erasers
- Folders
- Highlighters
- Notebooks
- Paper clips
- Pencil case
- Pencils and pencil sharpener
- Pens
- Ruler
- Scissors
- Stapler
- White-out